

Nutri-Grain Next-Gen 2023 Final Circular

Title: Nutri-Grain Next Gen Series, 3-5February 2023
Document ID: Circular 46/22-23
Department: Sport
Audience: Officials, Team Managers, Presidents, State Sport Managers/Directors and Secretaries
Summary: Final Information relating to the Nutri-Grain Next Gen Series for all Athletes, Coaches, Managers & Officials

While SLSA is committed to conducting the 2022/23 Nutri-Grain Next Gen Series, due to potential COVID-19 restrictions in place at the time of the event (border closures, social distancing, venue capacity, quarantine requirements etc.), SLSA reserves the right to reduce both the number of events and the number of participants per event as well as the order in which events will be held. It is currently not possible to predict the impact of COVID-19 for an event to be held and specific requirements imposed by Federal & State Governments at that time. Members must make their own assessment in relation to competition.

Members are also responsible for their own health. By competing as part of the 2022/23 Nutri-Grain Next Gen Series, you acknowledge that, even with control measures in place at the event, there remains at this time, an unquantifiable risk of transmission of viral illness including COVID-19.

By attending the events, you acknowledge that you have considered those risks and your personal circumstances, including any health conditions or vulnerability that you may have, and the circumstances of persons with whom you will be in close contact following your attendance at the 2022/23 Nutri-Grain Next Gen Series. You acknowledge that, for a small number of people, COVID-19 has very serious health consequences. SLSA will rely on this health issue waiver and proceed on the basis that you acknowledge and accept these risks across all Nutri-Grain Next Gen Series events.

In the event that the NSW Department of Health, Queensland Department of Health, or another Government Department, makes a formal request, we may be required to disclose your contact information for contact tracing purposes, including your full name, contact email and/or contact phone number.

SUMMARY

This Final Carnival Circular should be used as reference information by all Athletes, Coaches, Team Managers, State/Territory centres and Officials appointed to the U19 Nutri-Grain Next Gen IronMan and IronWoman Series.

This circular provides details of the event information for the 2022/23 Nutri-Grain Next-Gen Series. Please refer to the Nutri-Grain Next Gen Entry Circular for further event information or via the Nutri-Grain Iron Series website ironseries.com.au.

The overall winner of the male and female U19 Nutri-Grain Next Gen Series will be awarded automatic qualification into the 2023/24 IronMan/IronWoman Series.

Further Information

Should further information be required please contact the events team at:

events@slsa.asn.au

Surf Life Saving Australia

PO BOX 7773

BONDI BEACH NSW 2026

Phone: (02) 9215 8000

EVENT INFORMATION

TIMETABLE OF EVENTS

Date	Time	Event
Friday 3 February Next Gen Round 1 Enduro	12:30pm	Warm up
	1:10pm	Male Marshalling
	1:30pm	Male Heats Commence (Order: Ski, Swim, Board)
	1:40pm	Female Marshalling
	2:00pm	Females Heats Commence (Order: Ski, Swim, Board)
	2:30pm	Male Enduro (Final)
	3:15pm	Female Enduro (Final)
Date	Time	Event
Saturday 4 February Next Gen Round 2 Specialist	7:00am	Warm up
	7:40am	Female Marshalling
	8:00am	Female Heats Commence (Order: Swim, Board, Ski)
	8:10am	Male Marshalling
	8:30am	Male Heats Commence (Order: Swim, Board, Ski)
	9:00am	Female Specialist – Run Male Specialist - Run
	9:15am	Female Specialist – Swim Male Specialist - Swim
	9:30am	Female Specialist – Board Male Specialist - Board
	9:45am	Female Specialist – Ski Male Specialist - Ski
	10:10am	Female Specialist – Iron (Staggered Start – Swim, Board, Ski)
	10:30am	Male Specialist – Iron (Staggered Start – Swim, Board, Ski)
Date	Time	Event
Sunday 5 February Next Gen Round 3 Survival (filmed for delayed broadcast)	7:00am	Warm up
	7:40am	Male Marshalling
	8:00am	Male Heats Commence (Order: Board, Ski, Swim)
	8:10am	Female Marshalling
	8:30am	Female Heats Commence (Order: Board, Ski, Swim)
	9:00am	Male Specialist (3x Races)
	9:55am	Female Specialist (3x Races)
	10:55am	Presentation of Overall Top 3

**Times may be subject to change*

FORMATS

Heats – Heats for both females will be conducted over a standard Iron Course (12-15 minutes) to arrive at a final of 20 competitors. The Final 20 will then take part in each of the Next Gen formats below for each day of competition. The order of disciplines for each day of competition will be:

- Friday 3 February: Ski, Swim, Board
- Saturday 4 February: Swim, Board, Ski
- Sunday 5 February: Board, Ski, Swim

Enduro (Friday) - A 35 to 40-minute Iron race over an M-Shaped or Traditional Course. Each of the disciplines of swim, board, ski will be completed two or three times (dependant on course selection) with competitors taking on the surf break multiple times. Order: Ski, Swim, Board

Specialist (Saturday) - Four separate 4 to 5 minute races, one for each discipline of swim, board, ski and run. At the conclusion of the 4 separate races, the final IronMan/IronWoman race will be conducted with a staggered start commencing from the finish arch. The athlete ranked 1st after the 4 Specialist races will start on 'GO' with the remaining athletes then undertaking a handicap start in sequential order in accordance to their ranking. *Please be advised that additional time penalties will apply if an athlete does not start, does not finish, or is disqualified in any, or all, of the 4 single discipline races. Further information to be supplied by the Referee after the assessment of surf and weather conditions.*

- Race 1 – Run.
- Race 2 – Swim.
- Race 3 – Board.
- Race 4 – Ski.
- Race 5 – Iron (Swim, Board, Ski)

Survival (Sunday) - Three separate, 12-minute long Iron races starting with 20 competitors, with the last 6 finishers in each race eliminated, until 8 are left in the final race. There is a 5-minute break between each race.

- Race 1 – Ski, Swim, Board
- Race 2 – Board, Ski, Swim
- Race 3 – Swim, Board, Ski

DRAWS & RESULTS

LiveHeats

All draws will be done via LiveHeats. Heat draws for all three rounds are now live. Results will also be published via Live Heats: <https://liveheats.com/slsa>

All athletes are expected to bring their LiveHeats wristband with them on the day.

Multi-Sport

As Sunday's events will be filmed for a delayed broadcast, athletes for Sunday's event only, will be required to wear a multi-sport ankle band which SLSA staff will hand out prior to marshalling.

POINT SCORE SYSTEM

The 2022/23 Nutri-Grain Next Gen Series will be conducted with the following point score to ensure individual round winners are recognised and rewarded. It will also provide an overall leader board where consistency is recognised and rewarded.

Every round will be a 20 to 1 point score for the Nutri-Grain Next Gen Series. If an athlete fails to finish, disqualified, or chooses not to take part in a round they will receive 0 points for that round. Points will not be allocated for the heats.

Following the conclusion of 3 rounds the male and female athlete with the highest overall point total will be awarded automatic qualification into the 2022/23 IronMan/IronWoman Series. A minimum of 2 rounds of the Nutri-Grain Next Gen Series must be completed in order for final results and pointscores to stand. If less than two rounds are completed no positions will be awarded for athlete qualification into 2022/23 IronMan/IronWoman Series from the Nutri-Grain Next Gen Series.

Nutri-Grain Next Gen Series

POSITION	ROUND 1	ROUND 2	ROUND 3
1	20	20	20
2	19	19	19
3	18	18	18
4	17	17	17
5	16	16	16
6	15	15	15
7	14	14	14
8	13	13	13
9	12	12	12
10	11	11	11
11	10	10	10
12	9	9	9
13	8	8	8
14	7	7	7
15	6	6	6
16	5	5	5
17	4	4	4
18	3	3	3
19	2	2	2
20	1	1	1




COUNTBACK

In the event athletes are tied at the conclusion of the series a countback based on each athlete's highest placing in each of the 3 rounds will be conducted as follows:

1. If both athletes are tied on points. i.e. if 2 athletes are tied on points and athlete A has the following places R1 – 1st, R2 – 3rd, R3 – 4th, he/she will prevail over athlete B with the following places R1 – 2nd, R2 – 4th, R3 – 2nd
2. If both athletes were again tied after this process the countback will continue to their next best place. i.e. if 2 athletes are tied on points and athlete A has the following places R1 – 1st, R2 – 2nd, R3 – 5th, he/she will prevail over athlete B with the following places R1 – 3rd, R2 – 4th, R3 – 1st.
3. If athletes cannot be split on points or positions across all 3 rounds – the athlete with the highest place in the 3rd Round will prevail. i.e. if both athletes are tied on points and Athlete A has the following places R1 – 2nd, R2 – 5th, R3 – 1st, he/she will prevail over Athlete B who has recorded the following places R1 – 1st, R2 – 2nd, R3 – 5th.

COURSE BUOYS

SLSA will use the following buoys for the 2022/23 Nutri-Grain Next Gen Series.

SWIM	BOARD	SKI
Two Hard Large Boat Cans Cylinder Shape. Red with a black band across the middle.	Two Hard Large Boat Cans Cylinder Shape. White with a black band across the middle.	Two or three (course dependent), large inflatable cone shaped buoys. Orange with the SLSA roundel in the middle.
		

HANDLERS

Each competitor will be allowed one handler per event. Duties will be to assist in the deployment, and collection of the competitor/s equipment. Handlers are permitted access into the competition arena if they are dressed in the correct attire.

Each competitor must provide their own fluoro handler bib for their handler and this must always be worn by the handler in the competition area when assisting a competitor. No handler will be allowed within the competition area without their bib.

Handlers must not provide a competitive edge for any competitor. If a handler appears to be doing so, they could front a Carnival Disciplinary Committee and could have that athlete removed from competition.

Handlers when not assisting competitors MUST stay in the designated area on beach and are not allowed to wander around the competition area.

Note: Infringements incurred by handler, coach, or other person in a competitor’s team in this rule will be applied to the competitor as if the competitor had committed the infringement.

SWIMWEAR & LYCRA

Competitor hi-vis pink lycras will be available for collection prior to marshalling on day 1. Competitors will be provided one lycra for the duration of 2023 Next-Gen Series and must be worn each day.

Athlete numbering must be marked on athlete arms in black marker clearly visible to competition officials. All competitors are to wear club caps during competition.

Competitors must wear approved competition dress as detailed in Section 2.5.1 of the current SLSA Surf Sport Manual Edition.

COMPETITION BRIEFINGS

A briefing for Team Managers and key Officials will be conducted by the Event Referee the morning of each round on beach, approximately half an hour prior to racing commencing.

START of RACES

Unless otherwise advised, all races shall be started on the beach approximately 15 metres from the water’s edge (run start). Craft will be placed in front of the start line and as close as practicable to the water’s edge. Handlers are not required for the start of events.

FINISH of RACES

Unless otherwise advised, all races shall finish as per the IronMan and IronWoman races (run finish). Craft and paddles may be abandoned after rounding the last turning buoy of the swim course. Handlers are to be used to remove craft and paddles from the course.

CRAFT SCRUTINEERING

Boards and surf skis must meet current specifications of SLSA.

All competitor craft are subject to scrutineering at any time prior to, during or after the event. Competitors and/or handlers must comply with the directions of the event scrutineer and present their crafts for scrutineering prior to the commencement of each Round. Times to be confirmed.

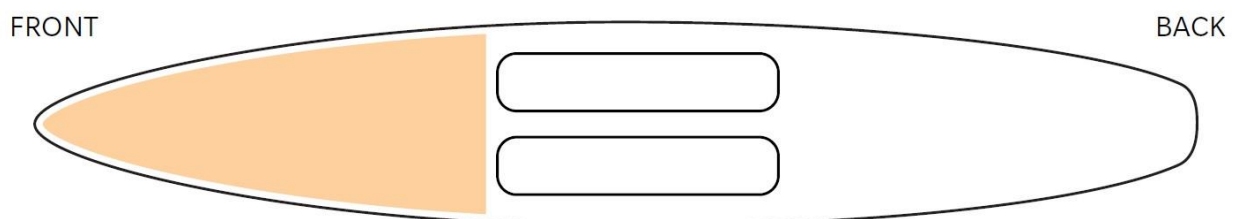
PERSONAL SPONSORSHIP

No personal sponsors are permitted to be advertised on athlete swimwear or bodies’ as part of Next-Gen Series. Please be aware that the following National Sponsors have exclusivity in the following categories for the Nutri-Grain Next-Gen Series for 2022/23:

COMPANY	EXCLUSIVITY CATEGORY
Nutri-Grain / Kellogg	Breakfast category (bars, bites, ball, and drinks/squeezer products)
DHL	Logistics
Isuzu	Automotive
Ampol	Fuel
Westpac	Financial Services
Engine	Swimwear
BRP	SeaDoo water craft & Can-Am/Power craft

Board

- Athletes must place a minimum one (1) Nutri-Grain sticker anywhere within the shaded area below on their board
- Nutri-Grain sticker for the Board measures 850mm x 100mm
- Nutri-Grain stickers cannot be cut or altered in any way
- No personal competitor sponsor branding is to encroach on the Nutri-Grain branding area selected by the athlete
- Personal sponsor branding may be placed anywhere away from the Nutri-Grain sticker.



Ski

- Athletes must place a minimum of two (2) Nutri-Grain stickers anywhere within the shaded area below on their ski
- Nutri-Grain sticker for the Ski measures 980mm x 140mm
- Nutri-Grain stickers cannot be cut or altered in any way
- No personal competitor sponsor branding is to encroach on the Nutri-Grain branding area selected by the athlete
- Personal sponsor branding may be placed anywhere away from the Nutri-Grain stickers



COMPETITION EQUIPMENT

Competitors will need to provide their own SLSA approved Ski & Board. These items may be subject to random scrutineering at the event. All competitors will be provided Nutri-Grain craft stickers which must be affixed to craft. Placement of craft stickers can be found below in this document.

GEAR & TRAILER COMPOUND

The trailer compound for the event will be located in Pratten Park (South of Kurrawa SLSC) and will be open for use from Wednesday 1 February from 9am.

TEAM APP

The Nutri-Grain Next Gen will be using the 'Team App' smart phone application to send out updates and notifications to competitors.

Download 'Team App' from your App Store or Google Play. Once you have downloaded the app and created a user login, search for '**Nutri-Grain Next Gen Series**' in the search bar at the top of the screen and click on the event to join. From here you will be able to access news feeds, event timings and where to find all the latest and up to date information on the event. It may also be helpful to visit the website for further clarification at <https://www.teamapp.com/faqs>.

SAFETY

All Competitors and Officials are referred to the Introduction on page (i) of the current edition of the SLSA Surf Sports Manual and in particular but not only paragraphs (d), (e) and (f). Paragraph (d) states:

"Surf lifesaving can be inherently dangerous. Serious accidents can and often do happen which may result in property damage, physical injury and even death. All members are assumed to have voluntarily read and understood this warning and accept and assume the inherent risks in surf lifesaving."

Water safety as part of the competition, is ultimately the responsibility of the Safety and Emergency Committee and Competition Committee, based on the advice of the Safety and Emergency Management Coordinator (SEMC), the Event Referee and Officials in determining postponement or

cancellation of any or all events, or relocation to an alternate venue in accordance with Section 1
- Competition Safety, of the current edition of the SLSA Surf Sports Manual.

The Event Referee and SEMC will conduct safety briefings to Officials and Competitors before commencement of competition and during the event as required.

Risk assessors have been appointed to assist the SEMC to provide ongoing assessment of conditions and safety across the event area. They will create an effective communications channel for the SEMC and Competition Committee. Those Officials may seek advice from competitors and competitor representatives to ensure an informed opinion is provided and can be acted upon where appropriate.

MATCH FIXING AND ANTI-DOPING

Match Fixing

The SLSA National Policy on MatchFixing and framework covers all SLS (Surf Life Saving) Events that are conducted by SLSA, State Centres, Branches and Clubs including special events, conducted by third parties sanctioned by an SLS entity and any event, competition or series connected with Surf Lifesaving.

Please refer to Policy Document 5.11 for further details.

Anti -Doping

Members have responsibilities under Policy 5.2 Anti-Doping Policy and Policy 6.23 Illicit Drugs in Sport (both available online in the SLSA Members Portal).

It is strongly recommended that all Team Managers complete the online Sports Integrity Australia training module AND conduct at least one (1) anti-doping education activity with all competitors from the Club - <https://www.sportintegrity.gov.au/resources/education>

SITE MAP



Nutri-Grain Iron Series
Kurrawa, QLD
Site Map
Version 5—22/12/2022

1. Main Competition Area
2. Handlers Zone
3. NGIS Athletes Area (x5 4m x 4m Marquee)
4. Medical Marquee (4m x 4m Marquee)
5. NGIS Craft Storage
6. Next Gen Craft Storage
7. Officials (4m x 4m Marquee)
8. Marshalling Area
9. Timing Mat & Arch
10. AV/Sports Pres / DJ / Results (4m x 4m Marquee)
11. Drone take off/landing zone
12. Media
13. Club Tents
14. VIP Stage (10 x 4.5m)
15. Gear & Venue Managers Compound
16. OB Compound
17. SIA
18. 2 x 2.5m(h) x 1.3m(w) x 2.4m(l) raised platform
19. Presentations
20. Administration
21. Partner Activation
22. Trailer Parking
23. 240L Bins
24. Toilets
25. 6.5 KVA Generator

KEY

- - - = Fixed CCB Line
- - - = Temporary Feathers & Toblerone's (Saturday PM only)